ST. JOSEPH'S PRIMARY SCHOOL

Principal: Mrs Kirsten Daly
4 – 8 Raymond Street,
P.O. Box 314, Orbost Vic 3888
Phone: (03) 5154 1289
Email: principal@stjorbost.catholic.edu.au

NEWSLETTER

Upcoming Excursions that need consent via Simon Everwhere App

Athletics Day at Newmerella PS

Australia's Biggest Morning Tea

Would you like to help St Josephs Primary School raise funds to support people impacted with Cancer?

HELP NEEDED !!

We would love if parents could help contribute to our morning tea, we ask kindly for donations for this event, and don't forget to put it into your calendar and join us on the day !!

Happy Birthday to Chase and Lillian

Kitchen activities for term 2

This term has seen students from all classes join together in small groups to produce delicious and healthy meals to share with themselves and teachers.

We have included many of the vegetables growing in the St. Joseph's garden so students are able to try new tastes. A few of the vegetables we have growing include, turnip, broccoli, carrot, parsley, potatoes, chard, leek and much more.

A selection of what has been produced this term in the kitchen has been Cheesy bacon, vegetable and egg muffins, Spinach Ricotta cannelloni, Apple and cinnamon rice pudding just to name a few.

Next term we will look at some lovely warming foods for the winter months such as pumpkin soup, Potato au gratin and cinnamon muffins....yum!!

I endeavour to choose recipes that are low sugar and contain good fats. Food is not just about eating but understanding what we eat and why. Hopefully many of the meals we plan can be replicated at home for everyone to enjoy.

Finally an important part of the students working in the kitchen is working as a team and enjoying a chat whilst preparing the meal. They are always enthusiastic to join in and I have found it personally rewarding when they try new food tastes and compliment their own cooking.

Nagle College
Bairnsdale

CONSIDERING NAGLE COLLEGE FOR 2023?

Applications for entry into Year 7 for the 2023 academic year are due by Friday 27th May.

For more information and to download your college application please visit

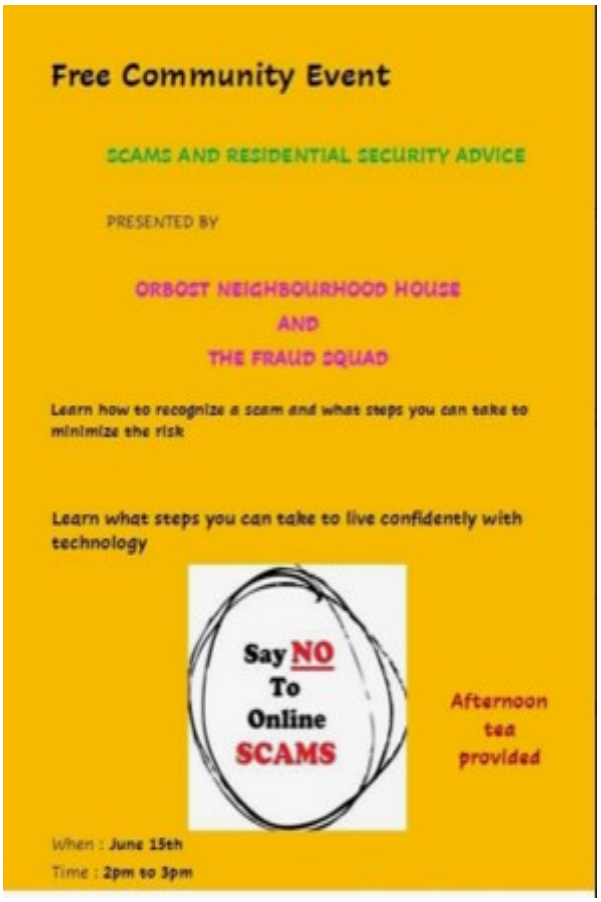
www.nagle.vic.edu.au/enrolment-process or contact our Registrar Ms Amanda Vowell on 51529984 or **registrar@nagle.vic.edu.au**

ORBOST SECONDARY COLLEGE

Year 6 Parent Information night at Orbost Secondary College Wednesday 15th June 2022 at 5pm. All parents and students are invited to attend.

Please contact Ann at the office on 0351541084

For more information



School Photo's will be held on Wednesday 15th June 2022.

All students are required to be in full school uniform.

Order forms will be sent home with students this week.

Would you like to help St Josephs Primary School raise funds to support people impacted with Cancer?

HELP NEEDED !!

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Beat Boppers

Let's play with music

Calling out to all pre school age children that enjoy music !!
Mr May will be running Beat Boppers in the St Joseph's Primary School Hall every Friday at 10.00am

Australia's
Biggest Morning Tea

Hello St Joes Community

You are invited to our Australia's Biggest Morning Tea. Let's get together and enjoy some tasty treats so we can support those impacted by cancer.

Host Amanda Robinson - St Josephs Primary School
Where St Josephs Primary School 3-5 Raymond St
Date Wednesday 1st June 2022
Time 10.45am
Details Would love to see you all, a small donation for the Cancer Council would be greatly appreciated
RSVP by Phone 03 51 541 289
Phone/Email arobinson@stjorbost.catholic.edu.au

Cancer Council

We're hosting a Biggest Morning Tea

Please help us support people impacted by cancer!

Click here to donate to my Morning Tea

Cancer Council Australia's Biggest Morning Tea

THERE WILL BE NO SCHOOL BUSES RUNNING ON FRIDAY 10th JUNE 2022

School Banking Details for Direct Payments

Bank : NAB Sale

BSB : 083-879

Account : 69545 2766

SCHOOL FEES ARE NOW DUE

St Joseph's Primary School offer CENTREPAY. If you would like to make a deduction from your Centrelink payments towards your school fee account please contact Amanda at the office.

centrelink

Centrepay

Sundays Prayer

Loving God, we have not known Jesus in the flesh yet still we are called to be his witnesses. Send us your Spirit from on high that we may live by the life of Jesus and radiate his love to all whom we know. We ask this in his name confident that you will hear us.

May 2022

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2 Divisional Cross Country	3	4 Kitchen Garden	5	6 Mothers Day Morning Tea 10.45am	7	8
9	10 NAPLAN Collaborative Conference	11 NAPLAN Kitc r Coll ve	12 NAPLAN Collaborative Conference	13 NAPLAN Lu Or ASSEMBLY	14	15
16	17	18 Kitchen Gar	19	20 Lu Or Beet Boppers	21	22
23	24	25 Kitc Gar	26 African Cult cus Nev a PS	27 District Winter Sports Beet Boppers	28	29
30 Reconciliation Week	31					

June 2022

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 Biggest Morning tea 10.45am	2	3	4	5
6	7	8	9	10 Assembly Beat Boppers No school buses running	11 Long weekend	12 Long Weekend
13 Public Holiday Queens Birthday	14	15 School Photos @11.15am	16	17 Athletics Day Newmerella Whole School Beat Boppers	18	19
20	21	22	23	24 Assembly Beat Boppers Last day of term 2.15pm finish	25 Holidays	26 Holidays
27 Holidays	28 Holidays	29 Holidays	30 Holidays	Holidays	Holidays	Holidays

VIC KIDS EAT WELL

WE'VE JOINED THE VIC KIDS EAT WELL MOVEMENT

This is a new state-wide program that is focused on transforming food and drink environments where kids spend their time.

The students will be endeavouring to keep the four key elements in mind when cooking and discussing food.

Four Key actions are:

Refresh the fridge – give sugary drinks the boot and let water take the spotlight

Switch up the snacks – ditch the sweets and offer delicious healthy snacks that give kids the fuel they need

Change up the menu – give fruit and veggies a chance to shine

Put the 'fun' into fundraising and marketing – add health appeal to meal deals or healthy fundraising like walkathons or readathons.

We have an abundance of vegetables in the garden that are currently thriving. Students have the opportunity to try out new foods and familiar ones.

Has your child lost their school uniform ? If you are missing jumpers please come into the office and check through our exploding lost property basket.

ORBOST CLUSTER OUTSIDE SCHOOL HOURS CARE

A reminder to Parents/Guardians who use the service at Orbost PS that unless accounts are paid monthly in full, the service will be suspended to those with overdue accounts until paid.

Those Parents/Guardians who require vacation care could be asked to pay a deposit to cover holiday program costs.

If you have any questions, please contact Angela Camilleri or Janet Munn on 51541119.

St Joseph's
ORBOST

ENROLMENTS NOW OPEN

Contact us today for a tour of our wonderful school
03 5154 1289 | www.stjorbost.catholic.edu.au |
principal@stjorbost.catholic.edu.au

To be in Green zone, it is helpful for us to …

Feel valued and respected in our families.

Have a shower or bath and brush our teeth morning and night so they stay healthy, and we can eat yummy food.

Be an active team member in our family by doing jobs when we are asked, or it is our turn.

Go to bed to sleep each night at ____pm, so we have energy for the next day and we are not grumpy.

Have activities outside of school with other kids. Try new things.

Keep our bedrooms tidy, so they are a safe place to be.

Respect others by sharing games or watch their shows on TV.

Have screen time, play group games and outside activity time.

Respect everybody's things by not damaging or breaking them.

Be truthful so we gain respect from our family and friends.

Say sorry when we make unhelpful choices.

Have people we trust to share worries and fears.

Let people know when we are getting frustrated.

Let people know we are starting to lose control.

Eat healthy food, so we can make helpful choices and participate in activities.

Have a good night sleep to calm and make helpful choices.

Know what activities we enjoy doing.

Not hurt ourselves, this is unhelpful.

Be mean, hurt or be violent to others, this is unhelpful.

Have time out when we become angry, this is helpful to get back to GREEN Zone

GREEN ZONE	happy, calm, feeling good, focused, ready to learn
BLUE ZONE	sad, sick, tired, bored, moving slowly
RED ZONE	mad, angry, mean, terrified, yelling, hitting, kicking, out of control
YELLOW ZONE	frustrated, worried, silly, excited, loss of some control

Developed by Crossroads Counselling & Ability services April 2022

ORBOST
HOCKEY CLUB
EST. 1963

ALL WELCOME
TO THE
ORBOST HOCKEY CLUB

TRIVIA NIGHT

Saturday,
June 4th

at Orbost Secondary College Hall 7pm

BYO Drinks & Nibbles

Raffles on the night!

$10
per person / table of 8

$10
per person for bus

Call Craig
0431 655 635

BOOK A TABLE AT ANDREWS LAND AND SURF!

This is the Hockey Clubs major fundraiser for the year! So see you there!

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Dear parents, guardians and carers

Changes to Rapid Antigen Test Surveillance Program

I am writing to let you know about changes to the provision of Rapid Antigen Tests (**RATs**) in schools for the remainder of Term 2, 2022.

From Monday 23 May 2022, there will no longer be a recommendation for students to undertake twice weekly RATs on school days.

However, RATs will continue to be distributed to families as they have been throughout this school year for the remainder of this Term.

The ongoing supply of RATs to families in our school will ensure that parents, guardians and carers will have them should they need them if their child(ren) is a household or household-like contact or if their child(ren) has COVID-19 symptoms.

Students who are identified as household or household-like contacts will continue to be required to adhere to additional safety measures, including wearing a face mask when outside of the home and receiving a negative result using a RAT on at least five (5) days out of the seven (7) day close contact period, to attend school.

Families must continue to notify the Department of Health and the school if their child(ren) returns a positive RAT result. Additionally, you should inform the school if any of your children are household or household-like contacts.

Thank you also to all families who have had their children vaccinated with a COVID-19 vaccine. Vaccination continues to remain the best way to protect students and staff in our school from COVID-19.

Getting vaccinated is easy and bookings can be done via the coronavirus website. If you have any questions about the vaccines, I encourage you to speak to your health practitioner.

Thank you again for your ongoing cooperation and support during this time.

Kirsten Daly

Principal

INFORMATION FOR CUSTOMERS

Australian Government Mobile Service Centre

Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Staff can provide you with information and support. They can also help you create a myGov account. myGov is a simple and secure way to access government services online.

ORBOST

Near the Library, Ruskin Street

Tuesday, 28 June 2022 9:30 am to 4:00 pm

Wednesday, 29 June 2022 9 am to 4 pm

For more information, go to **servicesaustralia.gov.au/mobileoffice**

SE166.2003

Australian Government

Services Australia

servicesaustralia.gov.au/mobileoffice

Australian Government Mobile Service Centres

If you live in a rural area, you may need to travel greater distances to access government payments and services. To make it easier for you to access these services, we're bringing them to you and your community.

Mobile Service Centres travel extensively throughout rural and regional Australia and also to disaster affected areas to provide help and support.

Staff from Services Australia travel with the Mobile Service Centres and can help you with Centrelink and Medicare payments and services. Our Mobile Service Centres also have disabled access.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Wi-Fi is available for visitors to the Mobile Service Centre and staff will be able to help you create a myGov account. myGov is a simple and secure way to access government services online.

Our staff will provide you with friendly face-to-face service, information and support. From time to time, representatives from other government agencies also travel with the Mobile Service Centres.

More information

To view the latest itineraries for the Australian Government Mobile Service Centres, visit **servicesaustralia.gov.au/mobileoffice**

The stopping locations for Mobile Service Centres are promoted in each town and on social media before each visit.

Information and help you can access on board the Mobile Service Centres

We provide information, help and support to rural and regional communities, including:

- families
- older Australians
- students
- job seekers
- people with disability
- carers
- farmers
- self-employed people.

We can assist you with:

- registering and using the agency's online services
- new claims for Centrelink payments
- updating and confirming Centrelink and Medicare information
- information on how financial matters may impact on payments
- assistance with payment and service options
- rural payment entitlements for eligible farmers
- non-cash Medicare transactions
- enrolling for and issuing new Medicare cards
- updating and re-issuing Medicare cards
- social work support and referrals.

SE157 2104

ORBOST PRIMARY SCHOOL
ABN 49 410 338 404
Ruskin Street,
P.O. Box 151,
ORBOST, Vic. 3888

Principal: Peter Nicolson

12/05/2022

Orbost P.S. CHILDCARE/VACATION CARE
Notice to Parents/Guardians.

Childcare accounts are sent out at the end of each month. To keep this service available, we require accounts to be paid promptly.

When payments are outstanding, attendances at after school childcare/vacation care WILL BE SUSPENDED until the full payment is made for the amount owing.

Childcare is a community service managed by our school which benefits parents/guardians from all primary schools in our district.

Please contact Angela in our office if payment plans are required to avoid reductions in future use of this service.

Regards

Peter Nicolson
Principal