



ST. JOSEPH'S PRIMARY SCHOOL

Principal: Mrs Kirsten Daly

4 – 8 Raymond Street,

P.O. Box 314, Orbost Vic 3888

Phone: (03) 5154 1289

Email: principal@stjorbost.catholic.edu.au

NEWSLETTER

Dear Families,

Thank you for your support in providing food and/or attending the Biggest Morning Tea on Wednesday. Such a massive effort towards raising money, \$365, for people impacted by cancer. Caring for Others is one of the Values we hold high at St Joseph's P.S. and always shines through. Thank you to Mrs Robinson and Ms Louise for making it all happen.

School Improvement Framework

The Diocese of Sale School Improvement Framework represents a continuous cycle of school improvement with an intensive focus on the achievement of improvements in measurable student outcomes. Over the next few months staff will be working together reflecting on current practise, using evidence, and setting new goals with a strategic focus, for the future of our learners. We invite the voices of students, families, parish members and the Orbost community, through providing clarity of this process and open conversations.

Child Safety

The new Child Safety **Ministerial Order No.1359**, comes into effect on 1st July. These Standards include some new requirements schools need to address and we will keep you up to date with any change of practise at St Joseph's Primary School.

I hope you stay warm over the weekend.

Best Wishes,

Kirsten Daly

Principal

Reconciliation Week 2022

Basket Weaving



**St Joseph's Primary
School - Orbost**

THANK YOU
**for supporting Australia's
Biggest Morning Tea 2022.**

YOU RAISED AN INCREDIBLE

\$363.50

Your generous contribution will help fund vital research, prevention programs and help us to continue to support those impacted by cancer.

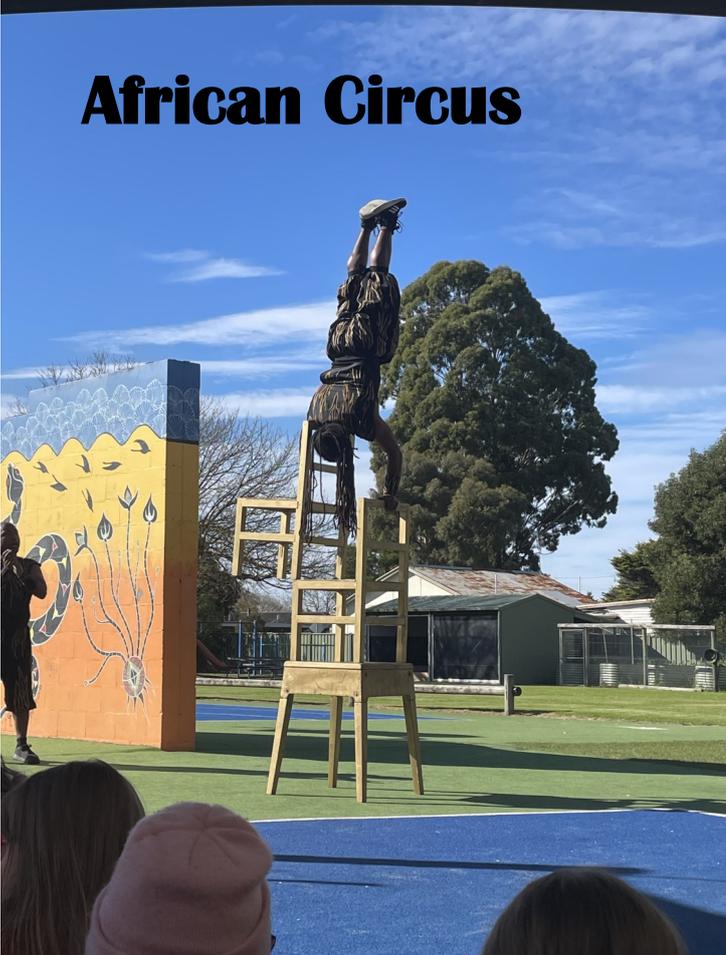
www.biggestmorningtea.com.au



Winter Sports



African Circus



Celebrating

Catholic Education



*Go out into the world and spread the
Good News to all creation. Mark 16:15*

CATHOLIC EDUCATION WEEK
27 May to 3 June 2022



Diocese of Sale
Catholic Education Ltd



RECONCILIATION
AUSTRALIA

BE BRAVE! MAKE CHANGE.

**NATIONAL
RECONCILIATION
WEEK 2022**

27 MAY - 3 JUNE

#NRW2022
NRW.RECONCILIATION.ORG.AU



June 2022

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 Bigg Morn  10.45am	2 	3 	4	5
6	7	8	9	10 Assembly Beat Boppers No school buses running	11 Long weekend	12 Long Week-end
13 Public Holiday Queens Birthday	14	15 School Photos @11.15am	16	17 NO Lunch orders Athletics Day Newmerella Whole School Beat Boppers	18	19
20	21	22	23	24 Assembly Beat Boppers Last day of term 2.15pm finish	25 Holidays	26 Holidays
27 Holidays	28 Holidays	29 Holidays	30 Holidays	Holidays	Holidays	Holidays



Calling out to all pre school age children that enjoy music !! Mr May will be running Beat Boppers in the St Joseph's Primary School Hall every Friday at 10.00am

Upcoming Excursions that need consent via Simon
Everywhere App Athletics Day at Newmerella PS



ORBOST SECONDARY COLLEGE

Year 6 Parent Information night at Orbost Secondary College Wednesday 15th June 2022 at 5pm. All parents and students are invited to attend.

Please contact Ann at the office on 0351541084

For more information



School Photo's will be held on Wednesday 15th June 2022.

All students are required to be in full school uniform.

Order forms will be sent home with students this week.

Dear Primary school community,

The Victorian Government has this week mandated that Flu vaccinations be made available to all Victorians **at no charge**.

Interconnect Healthcare will be at our Orbost Primary School Hall on **Monday, 20th June from 3:15pm to 5:15pm**, offering free flu vaccinations (in addition to COVID vaccinations) for all students, families, teachers and members of the community.

BOOKINGS ARE ESSENTIAL

To book, visit this link: <https://bit.ly/3wUBKWK>

It's important to register correctly to avoid any delays in uploading your vaccination record to **AIR** (Australian Immunisation Register). Please follow the steps below:

- Step 1 – Register for an account
- Step 2 – Verify your account (please check your junk mail if you do not receive this email after 5 mins)
- Step 3 – Create an Adult profile (this is your details) to give consent
- Step 4 – Create your Child's or dependant's profile
- Step 5 – Book an appointment

If you have any questions or concerns please do not hesitate to contact Interconnect Healthcare at admin@interconnecthealthcare.com.au anytime.

It is important to wear hats and sunglasses at school

I think it is very important that we wear hats and sunglasses to school.

Firstly, you can get really sunburnt and that can then result in Skin Cancer. Skin Cancer is extremely dangerous and can have lifelong effects. Nina Agdal said "When you're younger, you don't believe in it, but it's really so important to stay out of the sun as much as you can. Like if you wanna get a tan, you can get a spray tan and not get Skin Cancer."

Secondly, wearing sunglasses can prevent very dangerous diseases, for example cataracts and possibly Macular Degeneration. Cataracts are clumps of protein on the lens at the back of your eye resulting in blurred vision. Macular Degeneration is a chronic eye disease that also causes blurry vision or a blind spot in your visual field.

Finally, sunglasses and hats can help you to get less Headaches or Migraines. Headaches and Migraines are so painful and cruel because they feel like someone is hitting you over the head with a hammer. Wearing sunglasses and hats can help prevent that from happening, plus you can be stylish while improving your health.

By now I hope I have convinced you to wear hats and sunglasses because wearing hats and sunglasses is crucial for your health so you better get shopping!

Well done Asha Milliken on a great persuasive piece of writing—XAVIER CLASS



THERE WILL BE NO SCHOOL BUSES RUNNING ON FRIDAY 10th JUNE 2022



School Banking Details
for Direct Payments

Bank : NAB Sale

BSB : 083-879

Account : 69545 2766

SCHOOL FEES ARE NOW DUE

St Joseph's Primary School offer CENTREPAY. If you would like to make a deduction from your Centrelink payments towards your school fee account please contact Amanda at the office.



centrelink



Sundays Prayer

Loving Father, you desire to be with me in my life. Let me recognise how Jesus and the Holy Spirit are constantly working as Advocates to bring me to the fullness of life in your love.

**VIC KIDS
EAT WELL**

**WE'VE JOINED
THE VIC KIDS EAT WELL
MOVEMENT**

This is a new state-wide program that is focused on transforming food and drink environments where kids spend their time.

The students will be endeavouring to keep the four key elements in mind when cooking and discussing food.

Four Key actions are:

Refresh the fridge – give sugary drinks the boot and let water take the spotlight

Switch up the snacks – ditch the sweets and offer delicious healthy snacks that give kids the fuel they need

Change up the menu – give fruit and veggies a chance to shine

Put the 'fun' into fundraising and marketing – add health appeal to meal deals or healthy fundraising like walkathons or readathons.

We have an abundance of vegetables in the garden that are currently thriving. Students have the opportunity to try out new foods and familiar ones.



 **keyassets**
SERVING CHILDREN, FAMILIES & COMMUNITIES

**COULD YOU
FOSTER A
CHILD?**

We **URGENTLY** need **Foster Carers** in your area. Enquire now on how you can help change a child's life.

Canifoster.com.au | 1800 932 273


**KEEP
CALM
WE HAVE YOUR
LOST
PROPERTY**

Has your child lost their school uniform ? If you are missing jumpers please come into the office and check through our exploding lost property basket.

ORBOST CLUSTER OUTSIDE SCHOOL HOURS CARE

A reminder to Parents/Guardians who use the service at Orbost PS that unless accounts are paid monthly in full, the service will be suspended to those with overdue accounts until paid.

Those Parents/Guardians who require vacation care could be asked to pay a deposit to cover holiday program costs.

If you have any questions, please contact Angela Camilleri or Janet Munn on 51541119.



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Dear parents, guardians and carers

Changes to Rapid Antigen Test Surveillance Program

I am writing to let you know about changes to the provision of Rapid Antigen Tests (**RATs**) in schools for the remainder of Term 2, 2022.

From Monday 23 May 2022, there will no longer be a recommendation for students to undertake twice weekly RATs on school days.

However, RATs will continue to be distributed to families as they have been throughout this school year for the remainder of this Term.

The ongoing supply of RATs to families in our school will ensure that parents, guardians and carers will have them should they need them if their child(ren) is a household or household-like contact or if their child(ren) has COVID-19 symptoms.

Students who are identified as household or household-like contacts will continue to be required to adhere to additional safety measures, including wearing a face mask when outside of the home and receiving a negative result using a RAT on at least five (5) days out of the seven (7) day close contact period, to attend school.

Families must continue to notify the Department of Health and the school if their child(ren) returns a positive RAT result. Additionally, you should inform the school if any of your children are household or household-like contacts.

Thank you also to all families who have had their children vaccinated with a COVID-19 vaccine. Vaccination continues to remain the best way to protect students and staff in our school from COVID-19.

Getting vaccinated is easy and bookings can be done via the [coronavirus website](#). If you have any questions about the vaccines, I encourage you to speak to your health practitioner.

Thank you again for your ongoing cooperation and support during this time.

Kirsten Daly

Principal



St Joseph's ORBOST



**ENROLMENTS
NOW
OPEN**

Contact us today for a tour of our wonderful school
03 5154 1289 | www.stjorbost.catholic.edu.au |
principal@stjorbost.catholic.edu.au

To be in Green zone, it is helpful for us to ...

Feel valued and respected in our families.

Have a shower or bath and brush our teeth morning and night so they stay healthy, and we can eat yummy food.

Be an active team member in our family by doing jobs when we are asked, or it is our turn.

Go to bed to sleep each night at ___pm, so we have energy for the next day and we are not grumpy.

Have activities outside of school with other kids. Try new things.

Keep our bedrooms tidy, so they are a safe place to be.

Respect others by sharing games or watch their shows on TV.

Have screen time, play group games and outside activity time.

Respect everybody's things by not damaging or breaking them.

Be truthful so we gain respect from our family and friends.

Say sorry when we make unhelpful choices.

Have people we trust to share worries and fears.

Let people know when we are getting frustrated.

Let people know we are starting to lose control.

Eat healthy food, so we can make helpful choices and participate in activities.

Have a good night sleep to calm and make helpful choices.

Know what activities we enjoy doing.

Not hurt ourselves, this is unhelpful.

Be mean, hurt or be violent to others, this is unhelpful.

Have time out when we become angry, this is helpful to get back to GREEN Zone

GREEN ZONE	happy, calm, feeling good, focused, ready to learn
BLUE ZONE	sad, sick, tired, bored, moving slowly
RED ZONE	mad, angry, mean, terrified, yelling, hitting, kicking, out of control
YELLOW ZONE	frustrated, worried, silly, excited, loss of some control

Rosie's Hot Bake

SCHOOL LUNCH PRICE LIST 2022

10/06/22

HOT FOODS

<u>Sauce</u>	<u>0.40</u>
<u>Meat Pie</u>	<u>5.50</u>
<u>Sausage Roll</u>	<u>4.50</u>
<u>Party Pie</u>	<u>1.50</u>
<u>Mini Pizza</u>	<u>3.50</u>
<u>Wally Dog</u>	<u>4.50</u>
<u>Pizza Pie</u>	<u>6.50</u>
<u>Egg Bacon Pie</u>	<u>5.00</u>
<u>Pasties Meat/Veg</u>	<u>5.00</u>

DRINKS

<u>Big M Small</u>	<u>3.00</u>
<u>Big M Large</u>	<u>4.50</u>
<u>Prima</u>	<u>2.00</u>
<u>Pop Top</u>	<u>2.00</u>
<u>Juice Large 300mL</u>	<u>4.00</u>
<u>Water Large 600mL</u>	<u>3.00</u>
<u>Nippys Small</u>	<u>3.00</u>
<u>Nippys Large</u>	<u>3.80</u>

CAKES

<u>Doughnuts Iced/Cinnamon</u>	<u>1.50</u>
<u>Patty Cakes</u>	<u>2.50</u>
<u>Gingerbread Men</u>	<u>3.00</u>
<u>Hedgehog</u>	<u>4.50</u>
<u>Muffins</u>	<u>4.00</u>
<u>Lamingtons</u>	<u>4.50</u>
<u>Custard Tarts</u>	<u>3.50</u>
<u>Apple Slices</u>	<u>4.50</u>
<u>Jam Tart/Biscuits</u>	<u>2.50</u>

SANDWICHES/WRAPS/ROLLS

<u>Cold Meat/Egg & Salads</u>	<u>7.50</u>
<u>Cheese & Salads</u>	<u>6.50</u>
<u>Wrap - Ham/Salami & Salads</u>	<u>8.00</u>
<u>Wrap - Chicken/C.Beef/Egg & Salads</u>	<u>8.50</u>
<u>X1 Filling</u>	<u>2.50</u>
<u>X2 Filling</u>	<u>3.50</u>
<u>X3 Filling</u>	<u>4.50</u>
<u>X4 Filling</u>	<u>5.50</u>
<u>Vegemite/Peanut Butter/Jam</u>	<u>2.00</u>

BIRTHDAYS - Make a Birthday note on a child's lunch order and we will supply a patty cake and candle **FREE OF CHARGE**

Please Note - We are no longer selling Iced Coffee Big M's

Please inform us the week before if kids are away (camps, sporting events, etc.)



ALL WELCOME
TO THE
ORBOST HOCKEY CLUB
**TRIVIA
NIGHT**

Saturday,
June 4th

at Orbost Secondary
College Hall 7pm

BYO Drinks & Nibbles

Raffles on the night!

\$10

per person /
table of 8

\$10

per person
for bus

Call Craig
0431 655 635

BOOK A TABLE AT
ANDREWS LAND AND SURF!

*This is the Hockey Clubs major fundraiser
for the year! So see you there!*

Australian Government Mobile Service Centre



Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Staff can provide you with information and support. They can also help you create a myGov account. myGov is a simple and secure way to access government services online.

ORBOST

Near the Library, Ruskin Street

Tuesday, 28 June 2022 9:30 am to 4:00 pm

Wednesday, 29 June 2022 9 am to 4 pm

For more information, go to servicesaustralia.gov.au/mobileoffice



81760/3303

Australian Government Mobile Service Centres



If you live in a rural area, you may need to travel greater distances to access government payments and services. To make it easier for you to access these services, we're bringing them to you and your community.

Mobile Service Centres travel extensively throughout rural and regional Australia and also to disaster affected areas to provide help and support.

Staff from Services Australia travel with the Mobile Service Centres and can help you with Centrelink and Medicare payments and services. Our Mobile Service Centres also have disabled access.

Information about Department of Veterans' Affairs programs and support services for veterans and their families will also be available.

Wi-Fi is available for visitors to the Mobile Service Centre and staff will be able to help you create a myGov account. myGov is a simple and secure way to access government services online.

Our staff will provide you with friendly face-to-face service, information and support. From time to time, representatives from other government agencies also travel with the Mobile Service Centres.

Information and help you can access on board the Mobile Service Centres

We provide information, help and support to rural and regional communities, including:

- families
- older Australians
- students
- job seekers
- people with disability
- carers
- farmers
- self-employed people.

We can assist you with:

- registering and using the agency's online services
- new claims for Centrelink payments
- updating and confirming Centrelink and Medicare information
- information on how financial matters may impact on payments
- assistance with payment and service options
- rural payment entitlements for eligible farmers
- non-cash Medicare transactions
- enrolling for and issuing new Medicare cards
- updating and re-issuing Medicare cards
- social work support and referrals.

More information

To view the latest itineraries for the Australian Government Mobile Service Centres, visit servicesaustralia.gov.au/mobileoffice

The stopping locations for Mobile Service Centres are promoted in each town and on social media before each visit.

3832/2104



Help them break free from anxiety

Free positive parenting seminar

If children or teenagers become extra-worried, these anxious feelings can start to affect everyday life. Come along to this friendly 2-hour seminar packed with tips and ideas you can start using straight away to help your child or teenager develop their own toolkit of coping skills.

THIS FEAR-LESS TRIPLE P SEMINAR CAN HELP YOU:

- Understand more about child and teen anxiety, what can accidentally make it worse, and what responses are more helpful
- Find out ways to support your children to manage anxious feelings
- Learn gradual, effective ways to help kids conquer their fears
- Get tools and problem-solving skills any parent can teach their child

The Triple P – Positive Parenting Program has already worked for hundreds of thousands of Australian families. We're all about making parenting and family life more positive. And now Triple P is FREE in our community!

Fear-Less Triple P Seminar

Date:	Tuesday, 21 June 2022
Time:	6.30 - 8.00pm
Location:	Orbost Club Hotel (63 Nicholson St Orbost)
Other:	Finger food provided for everyone



BOOK YOUR FREE PLACE NOW
www.triplep-parenting.net

Scan for info and quick access to registration page – or just come along!

We acknowledge the Traditional Custodians of the land on which we live and work, and pay our respects to Elders past, present and emerging.



Do your kids know how to go for help?

Do they know how to call 000 and what to expect when they call 000?



EVENT FOR KIDS

Teaching kids how to go for help and to manage an emergency situation

When : 29th June
What Time: 11AM—12PM
To book in;
Phone: 41019018

Alternatively call in at
1 Browning Street Orbost

Lunch Provided after.