

Term 4 Friday 13th October 2023

# NEWSLETTER

Caring for Self, Caring for Others, Caring for the Environment



## Welcome Back to Term 4

A warm welcome to everyone for the beginning of what is set to be a busy Term 4. The students have settled well upon returning to school over the past two weeks and we are looking forward to a productive and positive term ahead. Term 4 always tends to be a busy term in relation to learning and assessments, reports, extra curricular activities, sport, transition and orientation activities, whole school events and the end of year event schedule, including our Christmas Concert and dinner. Considering this, I'd like to stress the importance of sticking to a consistent routine that includes early bedtimes, regular exercise, and nutritious lunch choices to ensure that we are well-prepared for the conclusion of the 2023 school year.

## Book Fair

The school is a Buzz...Our Book fair begins on Monday and runs for the week. For a lot of parents this is the first book fair for you and are entering the unknown. Here are the things you need to know: Firstly, it's exciting for students and teachers! Your child/ren will come home excited about the opportunity to purchase books, which is a perfect opportunity to get them reading at home. On Monday tables of books, and knick knacks, will be on display in Colman Class Room. Teachers will take their class to look at the books and students will make a "Wish List" to take home. The Book Fair will open every morning and afternoon for parents to come and purchase books (great gift ideas), during recess and lunch for students to purchase. There is also another option to order online with the Wish List your child/ren gives you. If you are unsure, call us!

## Uniform

Our Parents and Friends Committee would like to invite parents to discuss school uniform options, what is easy/ wearable and possible changes we would like to see for our school. A school uniform is not just comfortable clothing but an enhancement of our school identity: Uniforms can help establish a strong school identity and pride. They can be an important symbol for the school community and foster a sense of belonging. We want to make sure our students are comfortable and for parents it's affordable and durable.

**2024 Enrolments** We are currently organising classes and Teachers for 2024. We ask if there are going to be any changes in the upcoming year for your student that you contact us as soon as possible.

God Bless  
Kirsten Daly—Principal

4-8 Raymond Street (PO Box 314)  
Orbost Vic, 3888

P: (03) 5154 1289  
E: principal@stjorbost.catholic.edu.au

[www.stjorbost.catholic.edu.au](http://www.stjorbost.catholic.edu.au)

# Mackillop Newsletter

## Hi from Mackillop!

This term we have been learning all about healthy choices. We made smoothies, worked in our school garden (planting banana passionfruit, zucchini, pumpkin, mint, capsicum and carrots just to name a few!) and we entered our photos into a National competition to promote "Healthy Life, Healthy You."

We have been reading James & the Giant Peach together as a class and we are all looking forward to watching the movie.

'Seeing is Believing' is our topic in Religion. We made posters about some of the things we believe in such as fairies, magic gems, heaven, God, different dimensions and black holes.

By Lilly, Ruby & Vern

## Miss Jamieson's Blueberry Smoothie Recipe

### Ingredients:

1 cup of spinach

1 cup of blueberries

Half a banana

1/4 cup of oats

1 spoon of peanut butter

1 cup of milk (your choice!)

**Blitz all together and  
enjoy!**



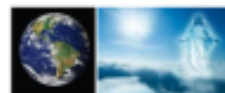
### Different Dimensions

I believe in different dimensions because they sound cool and I want to see if they have different animals.  
By Bodhi



### Heaven God

I believe in God and Heaven because if god weren't real the world wouldn't be real.



The world God

Winter

### MAGIC GEMS!

I believe gems are magical  
And there magic only works on certain types  
Of people. So to know what gem suits you, you  
need to feel the energy and sensation.

The most powerful gem are in a forest.

By Celia



**We are collecting donation items for the Operation Christmas Child shoebox. Please send along items to include such as: school supplies, personal care items, clothing, toys or accessories.**



# OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 First Day Term 4	3	4	5	6 District Summer Sports	7
8	9	10	11	12	13	14
15	16 Book Fair Week	17 OSC Trans 2.10-3.15	18	19 Collab Conf	20 Assembly	21
22	23	24 OSC Trans 2.10-3.15	25	26	27 Do it for Daniel Day	28
29	30	31 Healthy Harold				

## November 2023

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2 Swimming	3	4	5
6 Pupil Free Day	7 Melb Cup Day—Public Holiday	8	9 Swimming	10	11	12
13 Prep Trans 9-11	14	15	16	17 Report Writing Day NO STUDENTS	18	19
20 Prep Trans 9-12.30	21	22	23	24	25	26
27 Prep trans 9-1.40	28	29	30			



# TACO TUESDAY Fiesta

TUESDAY 24TH OCTOBER



LUNCHTIME TACOS



St Joseph's Primary School

Order Form Attached

# ORDER FORM

SOFT TACO \$3.00  
HARD TACO \$3.00  
MEXICAN POTATO \$5.00

PRIMA \$1.00  
MEXICAN PUNCH \$2.00

NAME :

ITEM	QTY	TOTAL PRICE
Soft Taco		\$
Hard Taco		\$
Mexican Potato		\$
Prima		\$
Mexican Punch		\$
	TOTAL ENCLOSED	\$

FAMILY FUN,  
FRIENDSHIP  
& FITNESS

# SUMMER OF SOFTBALL & T-BALL

MALE &  
FEMALE  
ALL AGES  
WELCOME



Friday nights U12 5:30 - 6:30pm. 13+ 7-8:30pm  
SEASON STARTS FRIDAY OCTOBER 13TH

WEST BAIRNSDALE OVAL

ENQUIRIES: [eastgippslandsoftball@gmail.com](mailto:eastgippslandsoftball@gmail.com)

REGISTER HERE: [www.revolutionise.com.au/eastgippsland/registration/](http://www.revolutionise.com.au/eastgippsland/registration/)

FAMILY  
DISCOUNTS  
AVAILABLE



## School

# Reminder

School Fees have been processed.  
St Joseph's Primary School now offer  
CENTREPAY.

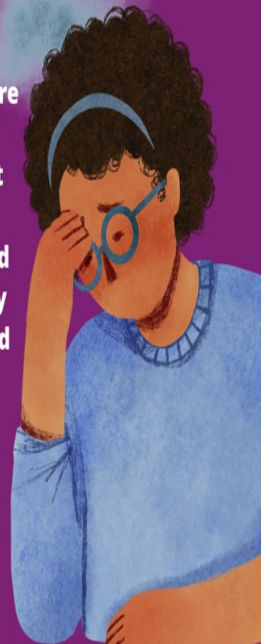
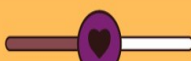
If you would like to make a deduction  
from your Centrelink payments towards  
your school fee account please contact  
Amanda at the office.

School Banking Details for Direct Payments  
BANK-NAB Sale  
BSB 083-879 Account 695452766

## HUNGRY METER FOR STUDENTS

With the cooler weather our students are  
reaching for extra fuel to keep their  
brains and bodies working throughout  
the whole day. Have a chat with your  
child and ask if they need extra packed  
in their lunch box to last the entire day  
(Morning fruit break, Recess, Lunch and  
Afternoon fruit break)

HOW HUNGRY ARE AM I ?





## 1-2-3 Magic & Emotion Coaching Program

Free live **ONLINE** program for parents of children aged 2 to 12

### Tired of yelling and nagging?

Resolve difficult behaviour in children aged 2 to 12.

In 3 sessions parents will learn:

- How to discipline without arguing, yelling or smacking;
- How to handle challenging behaviours;
- How to use emotion coaching to encourage good behaviour;
- Strategies for encouraging good behaviour;
- How to sort behaviours and choose correct strategies using "The 3 Choices Model".

We'll also work on strategies so you can:

- Strengthen your relationship with your child;
- Strengthen your child's emotional resilience.

Parents will receive:

- A **FREE** workbook (valued at \$12) to apply the concepts learnt
- A Certificate of Completion

**Do this highly sought after program *live online* from the comfort of your own home - Or come in and do it in person!**

**When?**  
11:30am – 2:30pm

Over 3 Thursdays:  
**Nov 2<sup>nd</sup>**  
**Nov 9<sup>th</sup>**  
**Nov 16<sup>th</sup>, 2023**

**Cost?**  
**FREE**

**Get in touch**  
**Bookings are essential!**  
**\*\*\*Applications close MONDAY 30<sup>TH</sup> OCT\*\*\***

Please contact:  
**Uniting Gippsland**  
3 Church St. Leongatha  
5662 5150  
[gippsland.leongatha.reception@vt.uniting.org](mailto:gippsland.leongatha.reception@vt.uniting.org)

**Parentshop**  
making parenting easier

**Uniting**

**EAST GIPPSLAND**  
SHIRE LIBRARIES

AGES 5 - 12

FREE

BOOKINGS ESSENTIAL

## Children's Week Activity Session



Join us for this fun activity session and get the most out of Children's Week!

To celebrate Children's Week, children will be able to make their very own foam dinosaur magnets and layered flower bag tags!

As stock is limited, bookings are essential.

This Children's Week activity is presented by East Gippsland Shire Council in partnership with the Victorian Government.

**Tuesday 24 October**  
Paynesville Service Centre  
3.45 pm - 4.45 pm

**Wednesday 25 October**  
Lakes Entrance Service Centre  
3.45 pm - 4.45 pm

**Wednesday 25 October**  
Mallacoota Service Centre  
3.45 pm - 4.45 pm

**Wednesday 25 October**  
Omeo Service Centre  
3.30 pm - 4.30 pm

**Thursday 26 October**  
Bairnsdale Library  
4.00 pm - 5.00 pm

**Friday 27 October**  
Orbost Service Centre  
3.45 pm - 4.45 pm

Phone **5152 4225** or book in person at the library for this **FREE** event.

Libraries  
Change Lives

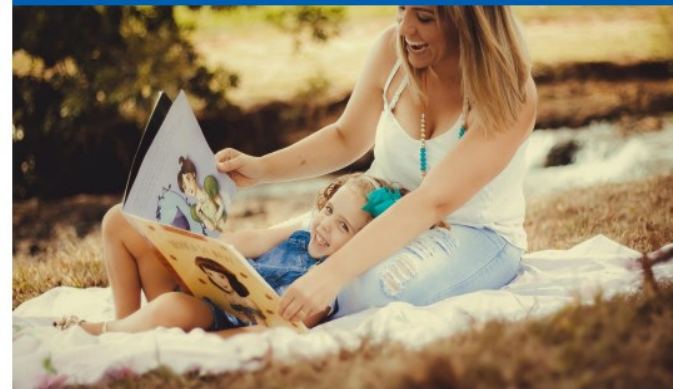


**EAST GIPPSLAND**  
SHIRE LIBRARIES

FREE

NO BOOKINGS REQUIRED

## Storytime with Bluey Children's Week 2023



Come along and enjoy this extra special Storytime with a guest star: Bluey!

Enjoy this opportunity for children to share a range of Storytime books with everyone's favourite blue heeler, Bluey!

Storytime sessions are for children 2-5 years of age and include songs, rhymes, stories and activities.

The session will run for approximately 45 minutes and each child will be able to take home their special craft at the end of the session.

**Monday 23 October**  
Lakes Entrance Service Centre  
11.00 am - 12.00 pm

**Tuesday 24 October**  
Orbost Service Centre  
10.30 am - 11.30 am

**Wednesday 25 October**  
Omeo Service Centre  
11.15 am - 12.15 pm

**Thursday 26 October**  
Bairnsdale Library  
11.00 am - 12.00 pm

**Friday 27 October**  
Paynesville Service Centre  
11.00 am - 12.00 pm

**Thursday 2 November**  
Mallacoota Service Centre  
2.30 pm - 3.30 pm

Phone **5152 4225** with any queries about this **FREE** event.

Libraries  
Change Lives



## DOXA YOUTH FOUNDATION Holiday Camps 2024 DATES

Malmsbury Camp: Monday 8th - Friday 12th January  
City Camp - Monday 15th - Friday 19th January

### MALMSBURY

Located in an idyllic bush setting in Central Victoria

- High Ropes Activities
- Canoeing & Swimming
- Archery & Orienteering
- Night Walk, Movie Night, Trivia

### CITY

Located in the heart of the Melbourne CBD

- Big Bash & Aus Open
- Pool & Beach
- Melbourne Zoo & Museum
- Eureka Skydeck, Movie Night, Trivia



### TRANSPORT

**Malmsbury:** Doxa facilitated bus transport provided from Melbourne & Bendigo

**City:** Doxa facilitated bus transport provided from Traralgon / Pakenham & Bendigo

### COST

Our holiday camps are **FREE**.

Holiday camps are funded by our amazing donors and philanthropic ventures.

### FURTHER INFORMATION

Email: [info@doxa.org.au](mailto:info@doxa.org.au)

Phone: (03) 9046 8200

# WIN \$75 OR VOUCHERS

## FROM BOOK TO CHILDREN'S WEEK

There are 9 prizes to be won with each being drawn fortnightly for 2 age groups:

13 upwards and 12 downwards

(Adults, schools and institutions may submit in the 13 upwards category.)



This competition will begin on Book Week and finish on the week after Children's Week.

(September 1st - October 27th)

### HOW TO GET INVOLVED:

- 1** Borrow a **2023 CBCA Shortlist** book from your school or a public library.
- 2** Provide a video or voice recording up to 60 seconds reviewing the book. You can reference its characters, plot or illustrations.



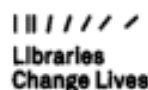
- 3** Submit your entry:



EMAIL Reading for Kids via the QR code



DELIVER a USB to Schoolworks at 147 Macleod St, Bairnsdale







# ORBOST *intensive* SWIM PROGRAM

**30 MINUTE LESSONS HELD EACH  
DAY OVER 10 CONSECUTIVE  
DAYS, MONDAY TO FRIDAY**

**MONDAY 20 NOVEMBER - FRIDAY 24 NOVEMBER**

**MONDAY 27 NOVEMBER - FRIDAY 1 DECEMBER**



ENROL  
ONLINE OR  
SCAN THE  
QR CODE

**Cost: \$120**  
**Enrolments due by**  
**Wednesday 8 November**



6 Sylvia Street, Orbost  
P (03) 5154 1504  
[www.lakesaquadome.com.au](http://www.lakesaquadome.com.au)



To speak to  
someone about  
MathsOnline,  
call us at  
1300 882 045

**MathsOnline** is the perfect online maths program for families. It consists of over 1,400 video tutorials and 50,000 interactive questions developed by experienced maths teacher, Pat Murray. MathsOnline helps guide your children lesson by lesson allowing them to pause, rewind and repeat all or part of any video tutorial until they fully understand it.

Covering Kindergarten through to Year 12, MathsOnline is a comprehensive, current curriculum based tool ideal for all families.



**MathsOnline features:**

- ✓ Clear step-by-step video tutorials
- ✓ Interactive questions and worksheets to test understanding
- ✓ Printable one-page summaries with complete notes
- ✓ Worked solutions showing each step to the answer
- ✓ Automatic marking and progress reports to highlight areas needing support

Over 290,000 children are already using MathsOnline.

Start your MathsOnline FREE trial today at  
[www.mathsonline.com.au/free-trial](http://www.mathsonline.com.au/free-trial)

— Your Health Link —  
**National Photographic Competition**  
HEALTHY LIFE HEALTHY YOU

Competition  
opens  
19 August  
2023

**SAVE THE DATE**

The Mid North Coast Local Health District will open its 2023 Your Health Link National Photographic Competition on World Photography Day 19 August, 2023.

Primary and high school students are encouraged to get ready to grab their mobile phones, tablet or trusty camera and capture images that promote 'Healthy Life Healthy You' for a chance to win a range of great prizes.

Schools are also the big winners with prizes supporting healthy school canteen programs.

For further information contact:  
Tiffany Ball  
National Competition Manager  
MNCLHD-YourHealthLink@health.nsw.gov.au



[www.yourhealthlinkphotocomp.com.au](http://www.yourhealthlinkphotocomp.com.au)



Mid North Coast  
Local Health District



# St Joseph's ORBOST



**ENROLMENTS  
NOW  
OPEN**

Contact us today for a tour of our wonderful school  
03 5154 1289 | [www.stjorbost.catholic.edu.au](http://www.stjorbost.catholic.edu.au) |  
[principal@stjorbost.catholic.edu.au](mailto:principal@stjorbost.catholic.edu.au)



2023

Mr May invites all preschoolers to

## Beat Boppers

Event Friday 10.30am

St Joseph's Primary School - Hall

**UNTIL FURTHER NOTICE**