

Term 4 Friday 27th October 2023

NEWSLETTER

Caring for Self, Caring for Others, Caring for the Environment



Celebrating World Teachers' Day

27 October 2023

Thank you

*to our teachers, leaders and support staff for
Inspiring Faith and Inspiring Learning every day.*



Diocese of Sale
Catholic Education Ltd

Today we celebrate World Teachers' Day. I would like to acknowledge the wonderful teachers who work so diligently at our school! They truly are a dedicated team of professionals who strive to create the best learning environment for our students.

Their care and concern for the students is exemplary and each and every one of our staff is always working on improving their practice so we can see students thrive. Sincere thanks for all you do!

It was wonderful to witness the enthusiasm among our students as they eagerly purchased books and accessories from the book fair last week. Congratulations Mrs Robinson and parents on a successful event. A small selection of books were donated to the school library from Scholastic and we rebooked for Term 3 next year.

Over the next few weeks, students will complete a range of assessments that will form part of the data teachers analyse to determine the next steps in each child's learning journey. Our personalised learning approach is just one of the many ways we are committed to nurturing the individual potential of each student.

Hopefully the sun is out over the weekend and the days are not as chilli.

God Bless
Kirsten Daly
Principal

4-8 Raymond Street (PO Box 314)
Orbost Vic, 3888

P: (03) 5154 1289
E: principal@stjorbost.catholic.edu.au

www.stjorbost.catholic.edu.au

Swimming Program

Our pre- Summer swimming program begins next Thursday at Lakes Entrance Aquadome. Swimming and Water Safety are a mandatory part of our curriculum and considering where we are fortunate enough to live, with close access to beautiful beaches and rivers, they are crucial skills for our students to learn. Please make sure you sign the permission forms located on SIMON.

All Souls Day

'All Souls' Day is a special day when we remember and pray for our loved ones who have passed away. It's a day to think about them and honour their memories. Some people visit cemeteries to leave flowers or light candles on the graves of those they miss.

It's a way to show that we still love and remember them, even though they are no longer with us. Just like we celebrate birthdays, All Souls' Day is a day to celebrate the lives of the people we cared about, even if they are in heaven now. This day is celebrated by Christians on November 2nd, following All Saints day.

At school we recognise this as a loving time of remembrance, not to be mixed up with the scariness of Halloween.

A tree of remembrance

Create a family tree to commemorate All Soul's Day on 2 November and explore your family history.

WORDS | THALIA KURNIAWAN

In the 14th century, the Feast of All Souls was approved by Rome as an official feast day, and eventually the entire month of November was dedicated to acknowledging and praying for those who are no longer with us.

While this day (and month) is celebrated in unique ways across cultures, it shares the same theme: to remember the faithful departed. It's a great time to learn about who's who in your family, especially ancestors. A family tree visualises the generations of your heritage and is an effective way of tracing ancestral relationships.

What is a family tree?

A family tree or genealogy chart is a visual representation of a person's lineage, showing relationships to one's parents, grandparents, great-grandparents, as far back as the information can be found. It's called a tree because it typically starts with an individual (you) as the root/trunk, and from there lines representing branches connect to related family members who are represented by the leaves of the tree.

Let's begin

START WITH YOU: Record your own details. Move on with your parents', grandparents' and details of other relatives you already know.

TALK TO YOUR FAMILY: Ask questions about your extended relatives. Learn more about them and note interesting points like dates and important events. Find photos in family albums. Locate physical documents kept by your family, including photographs, certificates of

death/birth/baptism/marriage etc., or even personal correspondence such as letters and telegrams.

FIND FURTHER RECORDS: Talk with your relatives to learn more about where your ancestors lived, went to school, their job(s), or other fun facts. Go to the library/local history centre to find specific documents, you may need the help of a relative abroad if your ancestor lived in another country.

Research online. Are any of your ancestors famous? Were they involved in any historically significant events? You may find out more through the search engines or try official government registration, church records or newspapers.

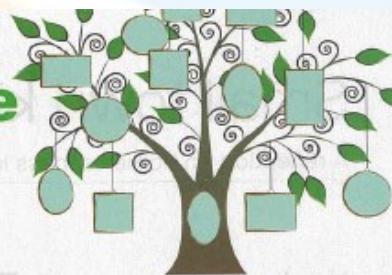
Tips:

- Focus on one person at a time.
- Keep track of what you've already researched and what you need to come back to.
- Keep copies of all the documents you find throughout your search.
- Spelling used in early records can be flexible and names could have been misspelt or spelt differently, sometimes people even changed their names.
- When trying to decipher difficult handwriting, compare the letter(s) with a word you know.

Plant your tree

Organise all your records per relative/per generation as you plan the layout of your family tree.

You can work online using computer software, an app, or templates from sites such as Canva/SmartDraw, or get



crafty offline, using materials like pencils, markers, scissors and glue. Draw your tree on a big posterboard or you can print out family tree templates from websites to help you with the structure. Print and cut out or collect photos of each relative and place them in appropriate spots with their name underneath to remember who's who. Make sure each person is in the right position before pasting them down. Whether online or offline, it's always a good idea to do this activity with family members.

As your tree grows, discuss the history and share any interesting facts you discover – you may uncover further hidden gems of information to add to the tree. Remember to get as creative as possible and enjoy discovering and celebrating each person, especially those who've left this world.

A family tree of the heart

While traditional family trees focus on kinship and lineage, 'families' may come in all shapes and sizes. For a range of reasons, many people find love, connection and support outside traditional kinship bonds. Why not try making a 'family tree of the heart' to keep track of all the connections to people you love and who feel like family? It's a great way to remind yourself of all the wonderful people in your life. **AC**

ACYWC

→ Thalia Kurniawan is a member of the Australian Catholics young writers community.

Let us Pray

SOMETHING TO THINK AND PRAY ABOUT THIS WEEK Human Development and Prayer

While there are some elements common to all our lives, we know that each person has individual characteristics too, and a unique story. As human beings, we are gifted, though limited, creatures. Our particular characteristics, our backgrounds and how we were nurtured and formed exert their influence on us. Our formation in faith has an important role in providing direction and in setting goals in life. There are challenges to all of this from various sources, inside and outside ourselves. It is good to remember that in his ministry Jesus met, not only openness and receptivity, but also blindness and resistance. The response to his call was not always immediate and generous.

Excerpted from [See God Act: The Ministry of Spiritual Direction](#) by Michael Drennan SJ (p: 33)

We Remember At This Time...

We pray for peace in our world; we especially pray for peace in the Middle East. As we pray, we remember those who have lost their lives and those who live in fear for their lives. May compassion and understanding triumph over hatred and violence. Lord, in your mercy, hear our prayer.

Whole School Approach to Positive Behaviour

CONSEQUENCES

A school wide approach to using consequences makes the school a predictable, consistent, positive and safe environment. Consequences are outcomes that occur as a result of actions. Consequences can be used either to encourage the behaviour to occur again or to discourage the behaviour from occurring again. Consequences should be logical; meaning that they directly relate to repairing the situation. Before using consequences, it is crucial that teaching, prompting and acknowledging expectations of behaviour has occurred.



In this WSAPBS, Consequences involve:

- Maintaining the dignity, psychological safety and physical safety for all
- Being clear, fair and consistent
- Being connected to the School Wide Expectations
- Directly teaching behaviour through personal, social and emotional development
- School community members becoming aware of the impact of their behaviour on others
- Using natural and logical consequences for all behaviour
- Focussing on re-establishing positive relationships
- Gradually progressive responses, related to the seriousness and repetition of behaviour
- Documenting and recording incidents, issues and agreed outcomes
- Using behavioural incident data to make informed decisions
- The school community actively practicing, enacting and evaluating agreed processes

Whole School Approach to Positive Behaviour Co-ordinator

[Child Safety News](#)



Celebrating Children's Week

Children's Week is happening across Australia from 21 to 29 October 2023. It's an opportunity to recognise that all children have the right to relax, play, and participate in activities they enjoy.

Celebrate Children's Week by saying YES to safe online play. When you join in children's online play, it supports family wellbeing and results in better outcomes for children now and in the future.

Want some resources to help bring play to online safety conversations? Here's where you can start:

- Read – [Online safety picture book and song](#).
- Do – [Story puzzles with Swoosh and Glide](#).
- Play – [Activities to introduce basic online safety concepts](#).

Encourage your child to share their online experiences with you.

[Explore parent resources](#)



Join our free webinar: Wellbeing and Digital Technologies

[eSafety research](#) shows that a third of children have sought emotional support online from friends or mental health support services.

Learn more about how games, apps and social media can influence young people's wellbeing with eSafety's [Wellbeing and Digital technologies webinar](#).

The webinar is designed for parents and carers of secondary school students and covers a range of topics including:

- the latest research on young people and time online
- steps to take if your child is exposed to distressing or harmful content
- the strategies young people can use to support friends online.

[Register now](#)

Grandparents in the digital world

Grandparents across Australia provide hours of care to young people every week. During this time, they often watch, share and play with them on devices.

Engaging in the digital world allows grandparents and children to learn from each other, building children's confidence and self-efficacy as they teach their grandparents about their online activities.

While it's educational, it's also important to be safe. Our [Online safety guide for grandparents](#) provides advice about online safety issues affecting young people. It includes a range of practical tips to help them talk about issues and manage them.

[Learn more](#)



eSafety Commissioner

esafety.gov.au

OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 First Day Term 4	3	4	5	6 District Summer Sports	7
8	9	10	11	12	13	14
15	16 Book Fair Week	17 OSC Trans 2.10-3.15	18	19 Collab Conf	20 Assembly	21
22	23	24 OSC Trans 2.10-3.15	25	26	27 Do it for Daniel Day	28
29	30	31 Healthy Harold				

November 2023

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2 Swimming	3	4	5
6 Pupil Free Day	7 Melb Cup Day—Public Holiday	8	9 Swimming	10	11	12
13 Prep Trans 9-11	14	15	16	17 Report Writing Day NO STUDENTS	18	19
20 Prep Trans 9-12.30	21	22	23	24	25	26
27 Prep trans 9-1.40	28	29	30			

School Reminder

School Fees have been processed.
St Joseph's Primary School now offer
CENTREPAY.

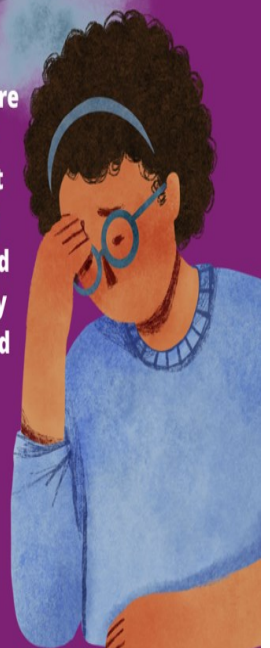
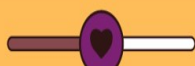
If you would like to make a deduction
from your Centrelink payments towards
your school fee account please contact
Amanda at the office.

School Banking Details for Direct Payments
BANK—NAB Sale
BSB 083-879 Account 695452766

HUNGRY METER FOR STUDENTS

With the cooler weather our students are reaching for extra fuel to keep their brains and bodies working throughout the whole day. Have a chat with your child and ask if they need extra packed in their lunch box to last the entire day (Morning fruit break, Recess, Lunch and Afternoon fruit break)

HOW HUNGRY ARE AM I ?



Narrative Writing

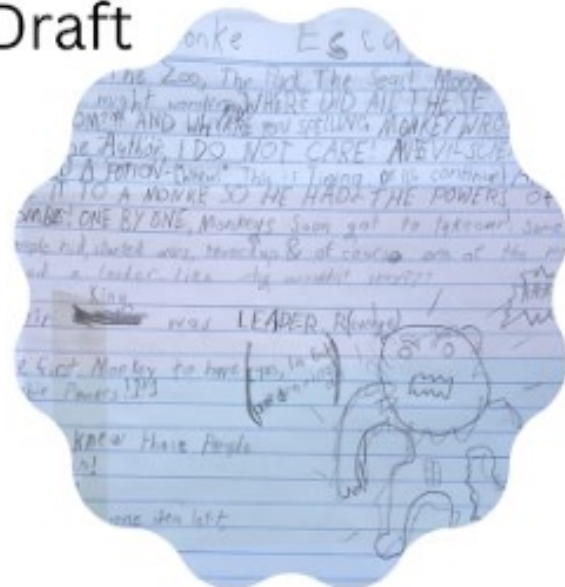
Koolaid

We learnt and practised:

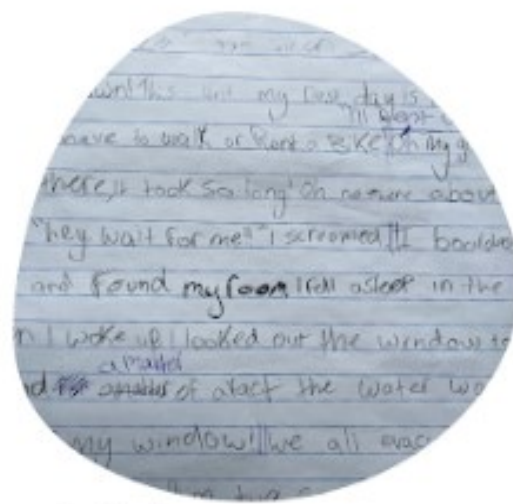
- Planning a problem, solution and resolution.
- Sizzling start strategies
- Writing entertaining endings
- Mixing dialogue (in talking marks) with action

Eventually... everyone got to plan, write, revise, edit and publish a full story.

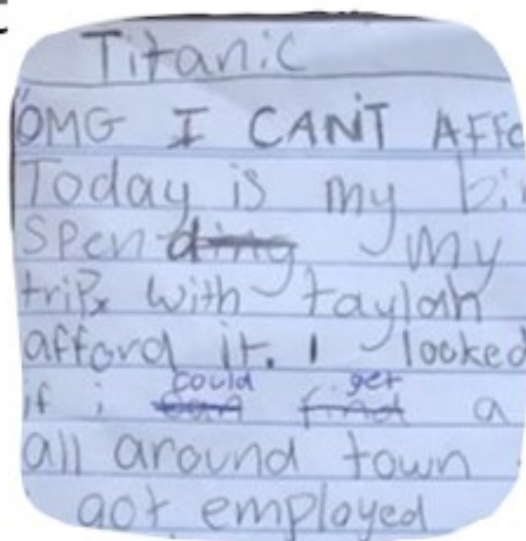
Draft



Revise



Edit



Publish

Santa. "Arrrrrr... nowhere", said Kanes. "Ok
said Santa 'let's do this!' "Oh, there is a
snowboard there," said Kanes. "Okay, next off
is the lady with the green skin", said Kanes.
"Kanes is acting a bit weird", said Santa to
Mrs Clause, "Yeah, definitely!" replied Mrs
Clause. "Ho, ho, ho! Can I please have some
hot chocolate?" Santa said to Jerrol. Seconds
later "Yes", said Jerrol. "I'm here," said



1-2-3 Magic & Emotion Coaching Program

Free live **ONLINE** program for parents of children aged 2 to 12

Tired of yelling and nagging?

Resolve difficult behaviour in children aged 2 to 12.

In 3 sessions parents will learn:

- How to discipline without arguing, yelling or smacking;
- How to handle challenging behaviours;
- How to use emotion coaching to encourage good behaviour;
- Strategies for encouraging good behaviour;
- How to sort behaviours and choose correct strategies using "The 3 Choices Model".

We'll also work on strategies so you can:

- Strengthen your relationship with your child;
- Strengthen your child's emotional resilience.

Parents will receive:

- A **FREE** workbook (valued at \$12) to apply the concepts learnt
- A Certificate of Completion

*Do this highly sought after program **live online** from the comfort of your own home - Or come in and do it in person!*

When?
11:30am – 2:30pm

Over 3 Thursdays:
Nov 2nd
Nov 9th
Nov 16th, 2023

Cost?
FREE

Get in touch
Bookings are essential!
*****Applications close MONDAY 30TH OCT*****

Please contact:
Uniting Gippsland
3 Church St. Leongatha
5662 5150
gippsland.leongatha.reception@vt.uniting.org
[@vt.uniting.org](https://vt.uniting.org)

Parentshop
making parenting easier

Uniting

EAST GIPPSLAND
SHIRE LIBRARIES

AGES 5 - 12

FREE

BOOKINGS ESSENTIAL

Children's Week Activity Session



Join us for this fun activity session and get the most out of Children's Week!

To celebrate Children's Week, children will be able to make their very own foam dinosaur magnets and layered flower bag tags!

As stock is limited, bookings are essential.

This Children's Week activity is presented by East Gippsland Shire Council in partnership with the Victorian Government.

Tuesday 24 October
Paynesville Service Centre
3.45 pm - 4.45 pm

Wednesday 25 October
Lakes Entrance Service Centre
3.45 pm - 4.45 pm

Wednesday 25 October
Mallacoota Service Centre
3.45 pm - 4.45 pm

Wednesday 25 October
Orbost Service Centre
3.30 pm - 4.30 pm

Thursday 26 October
Bairnsdale Library
4.00 pm - 5.00 pm

Friday 27 October
Orbost Service Centre
3.45 pm - 4.45 pm

Phone **5152 4225** or book in person at the library for this **FREE** event.



EAST GIPPSLAND
SHIRE LIBRARIES

FREE

NO BOOKINGS REQUIRED

Storytime with Bluey Children's Week 2023



Come along and enjoy this extra special Storytime with a guest star: **Bluey!**

Enjoy this opportunity for children to share a range of Storytime books with everyone's favourite blue heeler, Bluey!

Storytime sessions are for children 2-5 years of age and include songs, rhymes, stories and activities.

The session will run for approximately 45 minutes and each child will be able to take home their special craft at the end of the session.

Monday 23 October
Lakes Entrance Service Centre
11.00 am - 12.00 pm

Tuesday 24 October
Orbost Service Centre
10.30 am - 11.30 am

Wednesday 25 October
Orbost Service Centre
11.15 am - 12.15 pm

Thursday 26 October
Bairnsdale Library
11.00 am - 12.00 pm

Friday 27 October
Paynesville Service Centre
11.00 am - 12.00 pm

Thursday 2 November
Mallacoota Service Centre
2.30 pm - 3.30 pm

Phone **5152 4225** with any queries about this **FREE** event.



Doxa
YOUTH FOUNDATION

Holiday Camps

2024

DATES

Malmsbury Camp: Monday 8th - Friday 12th January
City Camp - Monday 15th - Friday 19th January

MALMSBURY

Located in an idyllic bush setting in Central Victoria

- ✓ High Ropes Activities
- ✓ Canoeing & Swimming
- ✓ Archery & Orienteering
- ✓ Night Walk, Movie Night, Trivia

CITY

Located in the heart of the Melbourne CBD

- ✓ Big Bash & Aus Open
- ✓ Pool & Beach
- ✓ Melbourne Zoo & Museum
- ✓ Eureka Skydeck, Movie Night, Trivia



TRANSPORT

Malmsbury: Doxa facilitated bus transport provided from Melbourne & Bendigo

City: Doxa facilitated bus transport provided from Traralgon / Pakenham & Bendigo

COST

Our holiday camps are **FREE**.

Holiday camps are funded by our amazing donors and philanthropic ventures.

FURTHER INFORMATION

Email: info@doxa.org.au
Phone: (03) 9046 8200



ORBOST PRIMARY SCHOOL
ABN 49 410 338 404
Ruskin Street,
P.O. Box 151,
ORBOST, Vic. 3888

Principal: Patricia Lynn

ADVANCED NOTICE- REVISED

ORBOST PRIMARY SCHOOL OUT OF SCHOOL HOURS CARE ON FRIDAY 15TH DECEMBER 2023.

Dear Parents/Guardians,

Friday 15th December will be the last day for Out of School Hours Care at Orbost Primary School. Due the closure of the school, the need for accounts to be finalised and, the packing up required by staff, we need to close on the Friday to allow this to happen. We are unable to offer this service after this date.

Our childcare service is licenced under Orbost Primary School. Orbost Community College is in the process of engaging a childcare provider to commence in 2024 at the Orbost Community College. We hope to be able to provide more information in the coming weeks.

Please be aware that is also applies to Vacation Care over the summer holidays. This early notice is to give you as much time as possible to make alternative childcare arrangements for the summer holidays.

We would appreciate if all accounts are kept up to date for the remainder of the year and all outstanding accounts be paid ASAP.

Yours sincerely

Trish Lynn
Principal
Orbost Primary School.
26/10/2023

WIN \$75 OR VOUCHERS

FROM BOOK TO CHILDREN'S WEEK

There are 9 prizes to be won with each being drawn **fortnightly** for 2 age groups:

13 upwards and 12 downwards

(Adults, schools and institutions may submit in the 13 upwards category.)



This competition will begin on Book Week and finish on the week after Children's Week.

(September 1st - October 27th)

HOW TO GET INVOLVED:

- 1** Borrow a **2023 CBCA Shortlist** book from your school or a public library.
- 2** Provide a video or voice recording up to 60 seconds reviewing the book. You can reference its characters, plot or illustrations.



- 3** Submit your entry:



EMAIL Reading for Kids
via the QR code

OR



DELIVER a USB to Schoolworks at 147 Macleod St, Bairnsdale



SCHOOLWORKS
SUPPLIES

office
choice

Libraries
Change Lives



Johnno's
Op Shop



ORBOST *intensive* **SWIM** **PROGRAM**

**30 MINUTE LESSONS HELD EACH
DAY OVER 10 CONSECUTIVE
DAYS, MONDAY TO FRIDAY**

MONDAY 20 NOVEMBER - FRIDAY 24 NOVEMBER

MONDAY 27 NOVEMBER - FRIDAY 1 DECEMBER



↶ **ENROL
ONLINE OR
SCAN THE
QR CODE**

Cost: \$120
Enrolments due by
Wednesday 8 November



EAST GIPPSLAND
SHIRE COUNCIL

6 Sylvia Street, Orbost
P (03) 5154 1504
www.lakesaquadome.com.au



To speak to
someone about
MathsOnline,
call us at
1300 882 045

MathsOnline is the perfect online maths program for families. It consists of over 1,400 video tutorials and 50,000 interactive questions developed by experienced maths teacher, Pat Murray. MathsOnline helps guide your children lesson by lesson allowing them to pause, rewind and repeat all or part of any video tutorial until they fully understand it.

Covering Kindergarten through to Year 12, MathsOnline is a comprehensive, current curriculum based tool ideal for all families.



MathsOnline features:

- ✓ Clear step-by-step video tutorials
- ✓ Interactive questions and worksheets to test understanding
- ✓ Printable one-page summaries with complete notes
- ✓ Worked solutions showing each step to the answer
- ✓ Automatic marking and progress reports to highlight areas needing support

Over 290,000 children are already using MathsOnline.

Start your MathsOnline FREE trial today at
www.mathsonline.com.au/free-trial

— Your Health Link —
National Photographic Competition
HEALTHY LIFE HEALTHY YOU

Competition
opens
**19 August
2023**

SAVE THE DATE

The Mid North Coast Local Health District
will open its 2023 Your Health Link National
Photographic Competition on World
Photography Day 19 August, 2023.

Primary and high school students are
encouraged to get ready to grab their
mobile phones, tablet or trusty camera and
capture images that promote 'Healthy Life
Healthy You' for a chance to win a range of great
prizes.

Schools are also the big winners with prizes
supporting healthy school canteen programs.

For further information contact:
Tiffany Ball
National Competition Manager
MNCLHD-YourHealthLink@health.nsw.gov.au



www.yourhealthlinkphotocomp.com.au



Mid North Coast
Local Health District



St Joseph's
ORBOST



**ENROLMENTS
NOW
OPEN**

Contact us today for a tour of our wonderful school
03 5154 1289 | www.stjorbost.catholic.edu.au |
principal@stjorbost.catholic.edu.au

2023

Mr May invites all preschoolers to

Beat Boppers

Every Friday 10.30am

St Joseph's Primary School - Hall

UNTIL FURTHER NOTICE





Walk to Change the Story

A GLCH initiative for the 16 Days of
Activism Against Gender-Based Violence

Take steps to end violence against women and children
Saturday 25 November 2023

COMMUNITY WALK

Start and finish at
Nicholson Street Mall
in Bairnsdale.

Meet 10.30 am sharp!

COMMUNITY EVENT

- Welcome to Country
- Clothesline Project
- Banner Making
- Information Stalls
- Big Respect Gippsland Photo Booth
- HEY Project T-shirt Tie-dyeing
- Music with FReeZa
- Children's Activities
- Lion's Club BBQ

For more information visit glch.org.au or find us on Facebook
(Gippsland Lakes Complete Health or Walk to Change the Story)

Proudly supported by:

